



S·H·E

Schools for Health in Europe

## UPCOMING SHE WEBINAR

**WEDNESDAY, December 14, 10-11 CET**

No registration is required. You can join the webinar via [this link](#) (Zoom)

Passcode: SHE2022

Meeting ID: 666 4455 0835

**Theme:** School health promotion for vulnerable children and adolescents

### Presenters:

**Assistant Professor Rafaela Rosário,**  
University of Minho, Portugal

*Health promotion and community engagement: confluences and trends of a school-based intervention program for children with vulnerabilities*



**Post-doctoral researcher Outi Savolainen,**  
University of Eastern Finland, Finland

*Promotion of children's mental health – key findings from the school context*



Rafaela Rosário is an assistant professor at the University of Minho and the Research Centre in Nursing director. She is also a researcher at the Health Sciences Research Unit: Nursing (UICISA: E). Rafaela Rosário has significant experience running and leading community intervention and observational studies. Currently, she leads a cluster-randomized trial in schools, co-developing an intervention program with children and stakeholders to prevent obesity and non-communicable diseases among schools from vulnerable conditions. Rafaela Rosário has (co)-authored over 70 journal papers, book chapters, and conference and workshop papers. With a vast research network, including Schools for Health in Europe, the European Public Health Association and the COVID-HL network, she has a track record of collaboration at national and international levels.

Outi Savolainen, Ph.D., is a post-doctoral researcher who works as a University Lecturer at the University of Eastern Finland, Department of Nursing Science. Her research focuses on the mental health promotion of children. She has worked in EU-funded research and development projects dedicated to children's health promotion. Outi Savolainen is a member of Schools for Health in Europe (SHE) research group.